

NUTRITION AS A HEALTH FACTOR.
BIOSAFETY QUESTIONS OF NUTRITION HYGIENE

1. Hygiene of nutrition. Significance of nutrition for health and physical development of population
2. Tasks of hygienic science and sanitary practice in nutrition modern problems solving.
3. Theories and concepts of nutrition.
4. Scientific backgrounds of rational nutrition, principles of rational nutrition.
5. Methods of assessment of the nutrition adequacy. Nutrition state.
6. Physiological functions of main nutrients: proteins, fats, carbohydrates, mineral substances, vitamins and water. Physiological norms of nutrition.
7. New methods of food manufacturing and nutrient sources.
8. Criteria of foodstuffs hygienic assessment.
9. Nutrition in ecologically adverse environment, protective components of nutrition during xenobiotic influence of different origin.