

MINISTRY OF PUBLIC HEALTH OF UKRAINE  
O.O. BOGOMOLETS NATIONAL MEDICAL UNIVERSITY

Department of Hygiene and Ecology

Head of Department  
Corresponding member of National  
Academy  
of Medical Sciences of Ukraine  
professor Bardov V.G.

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Subject: „Hygiene and Ecology”  
Speciality: 7.110101 – curative medicine  
Year – III, term – 5.

Lecture thesis

**DISEASES RELATED TO VIOLATION OF RATIONAL NUTRITION  
BASICS AND CONSUMPTION OF POOR QUALITY PRODUCTS,  
THEIR PREVENTION**

for the students of the curative departments

Lecture duration – 2 periods

Compiled by professor, MD Bardov V.G.  
assistant professor, PhD Antonenko A.M.

The thesis of the lecture was discussed and  
endorsed at the scientific and methodological  
conference of the department

## *PLAN*

- 1 The definition and classification of alimentary origin diseases.
- 2 Classification, the main causes and typical symptoms of diseases associated to insufficient or excessive nutrition.
- 3 Food poisonings definition and classification.
- 4 Food toxicoinfections: definition, types, etiology, typical symptoms, prevention.
- 5 Bacterial toxicoses: definition, types, etiology, typical symptoms, prevention.
- 6 Food mycotoxicoses: definition, types, etiology, typical symptoms, prevention.
- 7 Poisoning by plant products, toxic under certain conditions: definition, types, etiology, typical symptoms, prevention.
- 8 Food additives.
- 9 Key measures of doctor who first established the diagnosis of food poisoning.
- 10 The concept of vitamins, their main features and factors that determine the human body's need for vitamins.
- 11 Hypovitaminosis: specific and non-specific symptoms, examples, prevention.
- 12 Avitaminosis: symptoms, examples, prevention.
- 13 Hypervitaminosis: causes, symptoms, examples, prevention.